

UK COMPETITION DIVISIONS & AGE GRID 2018-2019

Athlete age for the entire 2018-2019 season is determined by their age as of
31ST AUGUST 2018 (EXCEPT FOR IASF ALL STAR INTERNATIONAL DIVISIONS)

UPDATED JUNE 6TH 2018. All updates in red.

THIS IS A COMPLETE LISTING OF POSSIBLE DIVISIONS. AN EVENT PRODUCER MAY CHOOSE TO OFFER ALL OF THESE OR THEY MAY OFFER A SELECTION. HOWEVER, WHEN THESE DIVISIONS ARE OFFERED, THEY WILL BE OFFERED AS SET OUT BELOW.

Exception: Speciality divisions may vary from EP to EP in some instances

ALL STAR CHEER ELITE CLUB DIVISIONS

ALL STAR ELITE DIVISION	AGE	FEMALE/MALE	# ON TEAM	LEVELS
TINY	3-6	Female/Male	5-32	1
MINI	5-8	Female/Male	5-32	1, 2
YOUTH	5-11	Female/Male	5-32	1, 2, 3
YOUTH	8-11	Female/Male	5-32	4
YOUTH	9-11	Female/Male	5-38	5R
JUNIOR	5-14	Female/Male	5-32	1, 2, 3
JUNIOR	8-14	Female/Male	5-32	4
JUNIOR	9-14	Female/Male	5-38	5R
JUNIOR	9-14	No Males	5-38	5
JUNIOR COED	9-14	1 or more Males	5-38	5
SENIOR	10 years with at least one 15 years or older	Female/Male	5-32	1, 2
SENIOR	10 years with at least one 15 years or older	No Males	5-32	3, 4
SENIOR COED	10 years with at least one 15 years or older	1 or more Males	5-32	3, 4
SENIOR	10 years with at least one 15 years or older	Female/Male	5-32	4.2
SENIOR	10 years with at least one 15 years or older	Female/Male	5-38	5R
SENIOR X SMALL	12-18	No Males	5-16	5
SENIOR SMALL	12-18	No Males	5-22	5
SENIOR MEDIUM	12-18	No Males	23-30	5
SENIOR LARGE	12-18	No Males	31-38	5
SENIOR X SMALL COED	12-18	1-2 Males	5-16	5
SENIOR SMALL COED	12-18	1-5 Males	5-22	5
SENIOR MEDIUM COED	12-18	1-8 Males	5-32	5
SENIOR LARGE COED	12-18	1-19 Males	5-38	5
OPEN	17 years and older	Female/Male	5-38	1, 2, 4.2
OPEN	17 years and older	No Males	5-38	3, 4
OPEN COED	17 years and older	1 or more Males	5-38	3, 4
OPEN RESTRICTED	17 years and older	0-4 Males	5-38	5R
SPECIAL NEEDS CHEER	ALL AGES	Female/Male	Unlimited	2**

*The USASF has a bottom age of 13 for Senior and Senior Coed Level 5, and an age range of 11-18 for Senior levels 1-4. Please be aware that if you accept a Summit/Worlds bid or compete in the USA in these divisions, you will need to follow the age ranges as set out by the USASF.

NOTE: This early release does not include details on how All Star Cheer Elite, Prep & Novice divisions will be split/merged. This will be published at a later date.

**SPECIAL NEEDS TEAMS

Special Needs teams are limited to level 2 rules, in addition to no basket tosses permitted.

UNIVERSITY CHEER DIVISIONS

UNIVERSITY CHEER DIVISION	AGE	FEMALE/MALE	# ON TEAM	LEVELS
UNIVERSITY ALL GIRL	17 years and older & must be registered students or alumni within last 4 years.	Female/Male	5-38	1, 2, 3, 4, 4.2, 5, 6
UNIVERSITY COED	17 years and older & must be registered students or alumni within last 4 years.	1 or more Males	5-38	1, 2, 3, 4, 4.2, 5, 6
UNIVERSITY RESTRICTED	17 years and older & must be registered students or alumni within last 4 years.	0-4 Males	5-38	5R
UNIVERSITY NON-TUMBLING	17 years and older & must be registered students or alumni within last 4 years.	Female/Male	5-38	2NT, 3NT, 4NT

All members are 17 years old (on August 31st 2018) or older and 90% of the team are current students at the named University. 10% of the team can be past students/alumni, if they have graduated from the named University within the past 4 years. Proof of University eligibility required – including University Student ID, Proof of graduation at the named University within 4 year period up to the event date. It is the responsibility of the University team to ensure that all participants are covered under the provisions of their own University rules and insurance.

DIVISION SPLITS (SCHOOL & UNIVERSITY DIVISIONS):

Divisions will be split by size (small/large or small/medium/large) at the natural break when 10 or more teams are registered in a division.

University All Girl and Coed divisions may be combined in levels 1, 2 and 4.2 where there is a single team registered in a division.

University Non-Tumbling divisions may also be split by All Girl/Coed when divisions are large.

IASF ALL STAR CHEER INTERNATIONAL DIVISIONS

The eligible age for an athlete is determined by the calendar year of the competition attending.

EXAMPLE: If a 13 year old athlete is participating in a division where the minimum age is 14; that athlete is legal for the division if the athlete turns 14 within the same calendar year of the event.

IASF ALL STAR INTERNATIONAL CHEER DIVISION	AGE	FEMALE/MALE	# ON TEAM	LEVELS
IASF Tiny Divisions				
International Tiny	5-6	Female/Male	16-24	1
International Tiny Large	5-6	Female/Male	25-30	1
IASF Mini Divisions				
International Mini	5-8	Female/male	16-24	1, 2
International Mini Large	5-8	Female/male	25-30	1, 2
IASF Youth Divisions				
International Youth	8-12	Female/Male	16-24	1, 2, 3, 4, 5
International Youth Large	8-12	Female/Male	25-30	1, 2, 3, 4, 5
International Youth Restricted	8-12	Female/Male	16-30	5R
International Youth Non-Tumbling	8-12	Female/Male	16-30	2NT, 3NT, 4NT, 5NT
IASF Junior Divisions				
International Junior	10-16	Female/Male	16-24	1, 2, 3, 5R

NOTE: This early release does not include details on how All Star Cheer Elite, Prep & Novice divisions will be split/merged. This will be published at a later date.

International Junior Large	10-16	Female/Male	25-30	1, 2, 3, 5R
International Junior	10-16	No males	16-24	4, 5
International Junior Large	10-16	No males	25-30	4, 5
International Junior Coed	10-16	1 or more males	16-24	4, 5
International Junior Coed Large	10-16	1 or more males	25-30	4, 5
International Junior Non-Tumbling	10-16	Female/Male	16-30	2NT, 3NT, 4NT, 5NT
IASF Senior Divisions				
International Senior	14-18	Female/Male	16-24	1, 2, 5R
International Senior Large	14-18	Female/Male	25-30	1, 2, 5R
International Senior	14-18	No males	16-24	3, 4, 5
International Senior Large	14-18	No males	25-30	3, 4, 5
International Senior Coed	14-18	1 or more males	16-24	3, 4
International Senior Coed Large	14-18	1 or more males	25-30	3, 4
International Senior Coed 5	14-18	1-5 males	16-24	5
International Senior Coed 5 Large	14-18	1-5 males	25-30	5
International Senior Coed 8	14-18	6-8 males	16-24	5
International Senior Coed 8 Large	14-18	6-8 males	25-30	5
International Senior Coed 20	14-18	9-18 males	16-38	5
International Senior Non-Tumbling	14-18	Female/Male	5-30	3NT, 4NT, 5NT

IASF Open Divisions				
International Open	14 years and older	Female/Male	16-24	3
International Open	14 years and older	No males	16-24	4, 5
International Open Coed	14 years and older	1 or more males	16-24	4
International Open Coed 4	14 years and older	1-4 males	16-24	5
International Open Coed 12	14 years and older	5-12 males	16-24	5
International Open	17 years and older	No males	16-24	6
International Open Coed 4	17 years and older	1-4 males	16-24	6
International Open Coed 16	17 years and older	5-16 males	16-24	6
International Open Non-Tumbling	14 years and older	Female/Male	16-30	3NT, 4NT
International Open Non-Tumbling	14 years and older	No males	16-30	5NT
International Open Coed Non-Tumbling	14 years and older	1-20 males	16-30	5NT
International Open Non-Tumbling	17 years and older	Female/Male	16-30	6NT

NOTE: The minimum team size for IASF All Star International divisions is 16. If a team competes with fewer than 16 athletes a deduction will be assessed.

NOTE: This early release does not include details on how All Star Cheer Elite, Prep & Novice divisions will be split/merged. This will be published at a later date.

ALLSTAR CHEER NOVICE AND PREP DIVISIONS

ALL STAR NOVICE CHEER DIVISION	AGE	FEMALE/MALE	# ON TEAM	LEVELS
TINY NOVICE	3-6	Female/Male	5-30	1(with restrictions)
MINI NOVICE	5-8	Female/Male	5-30	1, 2
YOUTH NOVICE	5-11	Female/Male	5-30	1, 2, 3
JUNIOR NOVICE	5-14	Female/Male	5-30	1, 2, 3
SENIOR NOVICE	10-17	Female/Male	5-30	1, 2, 3

Novice routines may not exceed 1 minute 30 seconds.

No tosses are permitted (includes sponge/load in/squish tosses. Clarification: all waist level cradles are illegal).

Novice teams will be evaluated on a rating system only and not scored against other teams.

Tumbling skills are allowed and will follow the rules for that level but will not be rated/required.

Tiny Novice Only: No Building skills permitted (includes tosses, stunts and pyramids).

Tiny Novice Only: The ONLY TWO TUMBLING skills allowed are cartwheels and forward rolls. Handstands, backbends/bridges, etc are not allowed.

ALL STAR PREP CHEER DIVISION	AGE	FEMALE/MALE	# ON TEAM	LEVELS*
TINY PREP	3-6	Female/Male	5-30	1
MINI PREP	5-8	Female/Male	5-30	1, 2.1
YOUTH PREP	5-11	Female/Male	5-30	1, 2.1, 3.1, 3.2
JUNIOR PREP	5-14	Female/Male	5-30	1, 2.1, 3.1, 3.2
SENIOR PREP	10 years with at least one 15 years or older	Female/Male	5-30	1, 2.1, 3.1, 3.2

*With modifications as outlined in the 2018-19 IASF Cheer Safety Rules

2.1 – level 2 building, level 1 tumbling

3.1 – level 3 building, level 1 tumbling

3.2 – level 3 building, level 2 tumbling

All teams are combined female/male - prep teams will not be classified as co-ed, regardless of the number of males on a team.

DIVISION SPLITS (NOVICE AND PREP DIVISIONS):

All Star Novice & All Star Prep divisions follow the same rules for splitting by team size as All Star Elite divisions.

Crossovers between All Star Novice, All Star Prep and All Star Elite divisions are not permitted at the same event.

NOTES APPLICABLE TO ALL CHEER DIVISIONS:

Where female/male is specified in the above grids, this means that (other than overall team size) there are no restrictions on number of males.

Event Producers recognise the concern with fielding teams of a broad age range and highly recommend that programmes be vigilant in monitoring participants of various ages on the same team and that, whenever possible, a team's composition is made up of participants of similar ages.

The athletes who perform a routine must remain the same from start to finish and MAY NOT be replaced by another athlete at any time during the performance.

CROSSOVERS:

An individual may crossover from one programme to another within the same event, to one additional team only, regardless of level. An athlete CANNOT compete on two teams within the same division. If an athlete crosses to another programme, they will pay the first entry fee for that additional programme's entry, not the crossover fee. EXAMPLE 1 - Suzie competes on JR4 and IO5 for UK All Stars; she also competes on S3 for Cheer Allstars - ALLOWED.

EXAMPLE 2 - Liam competes on S2 and OC3 for UK All Stars; he also competes on IOC5 and S2 for Cheer Allstars - NOT ALLOWED.

Crossovers are NOT ALLOWED between Novice/Prep and All Star/International Cheer teams at the same event.

For the 2018-19 season, an athlete is limited to crossing over to 2 additional cheer teams from their programme per competition for a total of 3 cheer performances per event. Crossover limitations do not include athletes that cross over from cheer to dance. **An event producer MAY choose to be more restrictive of crossovers than the rules above by limiting the total number of team entries, performances and/or crossovers to speciality divisions.**

From the 2018-19 season an athlete may compete on ONE TEAM ONLY in the Worlds Bid divisions/rounds.

DANCE DIVISIONS

DANCE DIVISION	AGE	# ON TEAM	FEMALE/MALE
Tiny	6 and under	4 or more dancers	N/A
Mini Small	9 and under	4-14 dancers	N/A
Mini Large	9 and under	15 or more dancers	N/A
Youth Small	12 and under	4-14 dancers	N/A
Youth Large	12 and under	15 or more dancers	N/A
Junior Small	15 and under	4-14 dancers	0 Males
Junior Large	15 and under	15 or more dancers	0 Males
Junior Coed	15 and under	4 or more dancers	Males and Females
Junior Male	15 and under	4 or more dancers	0 Females
Senior Small	11 years old with at least one dancer 16 or older	4-14 dancers	0 Males
Senior Large	11 years old with at least one dancer 16 or older	15 or more dancers	0 Males
Senior Small Coed	11 years old with at least one dancer 16 or older	4-14 dancers	Males and Females
Senior Large Coed	11 years old with at least one dancer 16 or older	15 or more dancers	Males and Females
Senior Male	11 years old with at least one dancer 16 or older	4 or more dancers	0 Females
International Open Small	14 years and older**	4-14 dancers	0 Males
International Open Large	14 years and older**	15 or more dancers	0 Males
International Open Small Coed	14 years and older**	4-14 dancers	Males and Females
International Open Large Coed	14 years and older**	15 or more dancers	Males and Females
International Open Male	14 years and older**	4 or more dancers	0 Females
University*** Small	17 years and older	4-14 dancers	0 Males
University*** Large	17 years and older	15 or more dancers	0 Males
University*** Small Coed	17 years and older	4-14 dancers	Males and Females
University*** Large Coed	17 years and older	15 or more dancers	Males and Females
University** Male	17 years and older	4 or more dancers	0 Females
Special Needs Dance	ALL AGES	Unlimited dancers	Males and Females

All of the above age divisions will be offered for each of the following styles - Pom, Jazz, Hip Hop and Lyrical/Contemporary. Prop may also be offered.

*The USASF age range for Senior dance divisions is 11-18 years old. Please be aware that if you accept a Summit/Worlds bid or compete in the USA in these divisions, you will need to follow the age ranges as set out by the USASF.

NOTES APPLICABLE TO ALL DANCE DIVISIONS:

Where female/male is specified in the above grids, this means that (other than overall team size) there are no restrictions on number of males.

Event Producers recognise the concern with fielding teams of a broad age range and highly recommend that programmes be vigilant in monitoring participants of various ages on the same team and that, whenever possible, a team's composition is made up of participants of similar ages.

Athletes competing at events must appear on an official event roster or be registered as a replacement athlete.

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The athletes who perform a routine must remain the same from start to finish and MAY NOT be replaced by another athlete at any time during the performance.

****For INTERNATIONAL OPEN teams only:**

The eligible age for the athletes will be determined by the “calendar year of The 2019 Dance Worlds® ” (December 31, 2019) for its age cut-off date. A calendar year is considered January 1st – December 31st.

*****University divisions:** All members are 17 years old (on August 31st 2018) or older and 90% of the team are current students at the named university. 10% of the team can be past students/alumni, if they have graduated from the named university within the past 4 years.

In the event there is only 1 team in the division, University Dance divisions will be combined with Open Dance divisions.

CROSSOVERS:

Dancer(s) may compete in more than one division and/or category as long as they abide by the age restrictions in all divisions in which they compete.

COMBINING & SPLITTING (DANCE) — Event Producers will combine divisions first by size and then by gender.

1. Combining by Small and Large Team Size- If there are fewer than three teams in Small and/or Large in Mini, Youth, Junior Senior and/or Open Divisions within the same Category, Small and Large divisions will be combined. (Example: If there are two teams in Senior Small Pom and five teams in Senior Large Pom, divisions will be combined into Senior Pom).

Small and Large will not combine if it means that a program will compete against itself. (Example: Senior Small Pom and Senior Large Pom teams from the same program will not be combined into one division that would cause them to compete against each other. If a program chooses to register two teams in the same Age, Team Size and Category (e.g. Senior Small Pom), the teams will compete against each other.

When there are 10 or more teams in any Small or Large division, an Event Producer may further split that division by team size, provided a minimum of three teams remain in all resulting divisions.

2. Combining Age and Gender

If there is only one team registered in any Junior, Senior or Open Division within the same category, the Event Producer will combine (in this order), as long as a program is not forced to compete against itself:

Jr Coed with Jr Male, Sr Coed with Sr Male and Open Coed with Open Male

Jr with Jr Coed, Sr with Sr Coed and Open with Open Coed

Jr with Jr Male, Sr with Sr Male and Open with Open Male

Tiny Division – Event Producers will split the Tiny Division within the same category into Small & Large (as outlined in the grid) if there are 10 or more teams in the division before the split occurs. There must be at least 3 teams in each division once the split occurs.

SPECIALITY DIVISIONS

In some circumstances divisions classed as 'speciality divisions' may be offered at certain events in addition to those listed above. The following recommendations may be helpful in setting the parameters for the divisions listed.

SCHOOL CHEER DIVISIONS

SCHOOL CHEER DIVISION	AGE	FEMALE/MALE	# ON TEAM	LEVELS
MINI	5-8	Female/Male	5-30	1, 2
YOUTH	5-11	Female/Male	5-30	1, 2, 3
JUNIOR	5-14	Female/Male	5-30	1, 2, 3
SENIOR	10 years with at least one 15 years or older.	Female/Male	5-30	1, 2, 3

All team members must be current students at the named school.

STUNT GROUP DIVISIONS

STUNT GROUP DIVISIONS	AGE	FEMALE/MALKE	# ON TEAM	LEVEL
TINY STUNT GROUP	3-6	Female/male	3 to 5 athletes	1
MINI STUNT GROUP	5-8	Female/male	3 to 5 athletes	1, 2
YOUTH STUNT GROUP	5-11	Female/male	3 to 5 athletes	1, 2, 3
YOUTH STUNT GROUP	8-11	Female/male	3 to 5 athletes	4
YOUTH STUNT GROUP	9-11	Female/male	3 to 5 athletes	5R
JUNIOR STUNT GROUP	5-14	No males	3 to 5 athletes	1, 2, 3
JUNIOR STUNT GROUP	8-14	No males	3 to 5 athletes	4
JUNIOR STUNT GROUP	9-14	No males	3 to 5 athletes	5
JUNIOR COED STUNT GROUP	5-14	One or more males	3 to 5 athletes	1, 2, 3
JUNIOR COED STUNT GROUP	8-14	One or more males	3 to 5 athletes	4
JUNIOR COED STUNT GROUP	9-14	One or more males	3 to 5 athletes	5
JUNIOR PARTNER STUNT	5-14	Female/male	2 athletes	5
SENIOR STUNT GROUP	10 years with at least one 15	Female/male	3 to 5 athletes	1
SENIOR STUNT GROUP	10 years with at least one 15	No males	3 to 5 athletes	2, 3, 4
SENIOR STUNT GROUP	12 years with at least one 15	No males	3 to 5 athletes	5
SENIOR COED STUNT GROUP	10 years with at least one 15	One or more males	3 to 5 athletes	2, 3, 4
SENIOR COED STUNT GROUP	12 years with at least one 15	One or more males	3 to 5 athletes	5
SENIOR PARTNER STUNT	15 years and older	Female/male	2 athletes	5
OPEN/UNIVERSITY* STUNT GROUP	17 years and older	No males	3 to 5 athletes	2, 3, 4, 5, 6
OPEN/UNIVERSITY* COED STUNT GROUP	17 years and older	One or more males	3 to 5 athletes	2, 3, 4, 5, 6
OPEN/UNIVERSITY* PARTNER STUNT	17 years and older	Female/male	2 athletes	5, 6

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*University divisions: All members are 17 years old (on August 31st 2018) or older and 90% of the team are current students at the named university. 10% of the team can be past students/alumni, if they have graduated from the named university within the past 4 years.

CHEER INDIVIDUAL AND DANCE SOLO DIVISIONS

ATHLETES MUST BE ENTERED INTO THE DIVISION RELEVANT FOR THEIR AGE. e.g. A Tiny age athlete cannot enter a Mini Cheer Individual in order to perform skills higher than Level 1.

This is the recommendation from SportCheer UK for individual divisions but EPs may choose to define ages and levels for these divisions differently.

CHEER INDIVIDUALS	AGE	FEMALE/MALE	LEVELS
TINY	3-6	Female/male	Level 1 skills only
MINI	7-8	Female/male	Up to level 2 skills
YOUTH	9-11	Female/male	Up to level 5R skills
JUNIOR	12-14	Female/male	Up to level 5 skills
SENIOR	15-16	Female/male	Up to level 5 skills
OPEN	17+	Female/male	Up to level 6 skills

DANCE SOLOS	AGE	FEMALE/MALE	DANCE STYLES
TINY	6 and under	Female/male	Pom/Jazz/Hip Hop
MINI	7-9	Female/male	Pom/Jazz/Hip Hop
YOUTH	8-12	Female/male	Pom/Jazz/Hip Hop
JUNIOR	13-15	Female/male	Pom/Jazz/Hip Hop
SENIOR	16-17	Female/male	Pom/Jazz/Hip Hop
OPEN	18+	Female/male	Pom/Jazz/Hip Hop

Cheer Individual and Dance Solo division splits – Event Producers will split Youth, Junior, Senior and Open Cheer and Dance Solo divisions into male and female if there are at least 3 athletes in each division following the split.

MASTERS DIVISION

MASTERS DIVISIONS	AGE	FEMALE/MALE	# ON TEAM	LEVEL
Masters Cheer	25+*	Female/male	5-38 athletes	1,2
Masters Dance	25+	Female/male	4 or more dancers	*

Masters Eligibility: 75% minimum of participants aged 25 years or older with a minimum age of 17. Masters cheer divisions to follow the corresponding 2018-2019 USASF Level Rules capped at USASF Level 2.

*Masters dance will be offered for each of the following styles – Pom, Jazz, Hip Hop and Lyrical/Contemporary.

ALL STAR PREP DANCE

All Star Prep Dance division parameters are currently under review and will be released at a later date

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