

2018-2019 Rec Dance Divisions

Name	Age	Age as of (date)	Gender	Members
Senior Rec Variety	18 years old & younger	August 31, 2018	female/male	4+
Senior Rec Jazz	18 years old & younger	August 31, 2018	female/male	4+
Senior Rec Pom	18 years old & younger	August 31, 2018	female/male	4+
Senior Rec Hip-Hop	18 years old & younger	August 31, 2018	female/male	4+
Junior Rec Variety	14 years old & younger	August 31, 2018	female/male	4+
Junior Rec Jazz	14 years old & younger	August 31, 2018	female/male	4+
Junior Rec Pom	14 years old & younger	August 31, 2018	female/male	4+
Junior Rec Hip-Hop	14 years old & younger	August 31, 2018	female/male	4+
Youth Rec Variety	12 years old & younger	August 31, 2018	female/male	4+
Youth Rec Jazz	12 years old & younger	August 31, 2018	female/male	4+
Youth Rec Pom	12 years old & younger	August 31, 2018	female/male	4+
Youth Rec Hip-Hop	12 years old & younger	August 31, 2018	female/male	4+
PeeWee Rec Variety	10 years old & younger	August 31, 2018	female/male	4+
PeeWee Rec Jazz	10 years old & younger	August 31, 2018	female/male	4+
PeeWee Rec Pom	10 years old & younger	August 31, 2018	female/male	4+
PeeWee Rec Hip-Hop	10 years old & younger	August 31, 2018	female/male	4+
Mini Rec Variety	8 years & younger	August 31, 2018	female/male	4+
Mini Rec Jazz	8 years & younger	August 31, 2018	female/male	4+
Mini Rec Pom	8 years & younger	August 31, 2018	female/male	4+
Mini Rec Hip-Hop	8 years & younger	August 31, 2018	female/male	4+
Tiny Rec Variety	6 years & younger	August 31, 2018	female/male	4+
Tiny Rec Jazz	6 years & younger	August 31, 2018	female/male	4+
Tiny Rec Pom	6 years & younger	August 31, 2018	female/male	4+
Tiny Rec Hip-Hop	6 years & younger	August 31, 2018	female/male	4+

In an effort to maintain a competitive atmosphere, Varsity reserves the right to close, combine or open divisions at any time leading up to each event.

Varsity recognizes that Rec Dance does not have an official governing body to refer to, and that Rec Dance teams may have different guidelines to follow within their individual organizations. Please adhere to the guidelines set forth by your organization, and select the division that best fits both the age and abilities of the athletes on the team so that your team will be given the best opportunity for success at Varsity events.

In order to compete in a Rec Dance Division at a Varsity event, your team must fall into the Varsity definition of Competitive Rec Dance. Varsity defines Rec Dance as any form of competitive dancing that does not represent a school or an all star program. Teams may be affiliated with (but are not limited to) Pop Warner Associations, Youth League Associations, City/County Parks and Recreation Departments, YMCA's Boys and Girls Clubs, or any other community program that is not school or all star related.

Rec Dance Teams can:

1. Have their own practice facility, gym or studio
2. Hold practice and/or attend classes at gymnastics, studio or all star facilities
3. Represent their individual recreational team or their entire league/organization
4. Combine team members from all teams within a recreational league/organization if the league/organization allows them to do so
5. Have team members who also participate on school or all star teams

Competitive Dance Teams who are affiliated with all star programs or schools, even if it is half year or introductory team, will need to register in the all star or school division that best suits their ability level at Varsity events. They are NOT considered Rec Dance teams and cannot register in the Rec Dance divisions listed above for Varsity events. If a team does not meet all of the above criteria they may be disqualified.

Any questions regarding Rec dance divisions, please contact Courtney Vanderheiden (courtneyv@jambrands.com)