

2019 JAMfest Nordic Cheer Divisions			
Name	Age	Gender	Members
Level 6			
Senior Co-Ed	15 years & older	1-18 males	5-36 members
Senior	15 years & older	no males	5-36 members
Level 5			
Senior	14 years and older	0-18 males	5-36 members
Junior Co-Ed	11 - 16 years	1 or more males	5-36 members
Junior	11 - 16 years	no males	5-36 members
Level 4.2 (Level 4.2 must follow USASF L4 rules for stunts/pyramids/dismounts and tosses and L2 rules for general tumbling/running tumbling/standing tumbling)			
Senior	12 years and older	female/male	5-32 members
Junior	11 - 16 years	female/male	5-32 members
Level 4			
Senior Co-Ed	12 years and older	1 or more males	5-32 members
Senior	12 years and older	no males	5-32 members
Junior	11 - 16 years	female/male	5-32 members
Minior	11 - 13 years	female/male	5-32 members
Level 3			
Senior	12 years and older	0-18 males	5-32 members
Junior	11 - 16 years	female/male	5-32 members
Minior	11 - 13 years	female/male	5-32 members
Level 2			
Senior	12 years and older	female/male	5-32 members
Junior	11 - 16 years	female/male	5-32 members
Minior	11 - 13 years	female/male	5-32 members
Level 1			
Senior	12 years and older	female/male	5-32 members
Junior	11 - 16 years	female/male	5-32 members
Minior	11 - 13 years	female/male	5-32 members
Youth, Exhibition Only	8 - 11 years	female/male	5-32 members
Mini, Exhibition Only	5 - 10 years	female/male	5-32 members

THE INFORMATION BELOW IS ASSOCIATED WITH THE CHEER GRID ABOVE.

The age of the competitor as of December 31, 2019 will be the age used for competition purposes in the Nordic region due to local requirements.

In an effort to maintain a competitive atmosphere, Varsity reserves the right to close, combine or open divisions at any time leading up to each event. Varsity will follow all USASF guidelines regarding splitting/combining divisions.